



## Residential Aged Care Pack Contents

Residential aged care is a key provider of care and support for older people at the end of life. Ensuring that key palliative care steps are not missed, and processes are well documented is part of good practice.

To help you and your team to support older people in residential aged care, we have brought together this pack of resources.

### **Self-Care Plan - Aged Care Team**

To care for others, you need to take care of yourself. This worksheet helps you to plan activities to maintain your balance in life.

- Self-care plan for the Aged Care Team.

### **Recognising changing needs - forms to help you identify changes**

If you see clients regularly, it can be more difficult to notice subtle changes in their condition. These forms can be used to systematically assess for deterioration in a person's health and to identify unmet supportive and palliative care needs.

- SPICT Tool
- SPICT4ALL Tool.

### **Symptom control**

Pain is one of the most common symptoms in palliative care. You can use this form to monitor for changes in pain status.

- Abbey Pain scale.

### **Organising a palliative care case conference**

A series of practical checklists and forms to guide and document case conferences.

- Using the palliAGED conference forms
- Case Conference Checklist - residential care
- Invitation to attend a case conference - GPs
- Confirmation of a case conference - GPs
- Information about case conferences and palliative care
- Invitation to attend a case conference - person and family
- Confirmation for you and your family
- Staff Communication Form
- Case Conference Summary - residential care.

### **End of life care**

Practical lists of medicines that can be used for responding to unanticipated needs in the terminal phase.

- Medicines from the PBS prescriber's bag for terminal phase symptoms.

### **MBS Remuneration**

- MBS items for nurse practitioners
- MBS Remuneration to Support a Planned General Practice Palliative Care Pathway (Residential Aged Care).

**To obtain further copies of this pack:**

Download or order printed copies at [palliaged.com.au/practiceforms](https://palliaged.com.au/practiceforms)



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