



Dementia Care resources

Supporting people living with dementia - where to find support

With dementia now one of the leading causes of death in Australia the need for everyone to understand and be prepared to provide care has never been greater. For people working in aged care this is even more the case.

To help individuals and organisations get started we have listed some of the freely available training and information options. Visit the palliAGED website to find out more.

Resources for people with dementia and their families

- Dementia Australia
 - About dementia
 - Dementia-friendly home app
 - A Better Visit app
 - Creating a dementia-friendly home

Resources for direct care providers

- Dementia Training Australia
 - Lanyard cards Two cards featuring three checklists:
 - How well am I communicating?
 - Understanding the behaviour being observed
 - Getting to know the person living with dementia
- Responsive Behaviours Quick Reference Cards On-the-spot point of reference for health professionals and care staff working with people with dementia to help in the management of responsive behaviours.

Resources for organisations

- <u>ELDAC Dementia Toolkit</u> Provides information and guidance to support palliative care and advance care planning for people living with dementia and their families.
- Dementia Australia Designing dementia-friendly care environments
- palliAGED Evidence Cognitive impairment and dementia
- CareSearch Clinical evidence: Advanced dementia

Resources to support in-house training

- <u>Dementia Training Australia Changed Behaviours Toolkit</u> Guide for conducting 15minute learning sessions on responsive behaviours.
- palliAGED Practice Tip sheets for careworkers What it is and what you can do, information sheets: Advanced dementia; Advanced dementia - Behavioural Changes.
- palliAGED Practice Tip Sheets for nurses What it is and what you can do, information sheets: Advanced dementia; Advanced dementia - Behvioural Changes.
- palliAGED Journeys in Aged care Follow Keng's journey in aged care and reflect on what you could do to help.
- The Agency for Clinical Innovation Palliative care and dementia Dr Elspeth Correy discusses how, why and when to consider palliative care as part of dementia care.

Online training in dementia care

- <u>Dementia specific training for careworkers</u> (Advance Project)
- Dementia specific training for clinicians and managers (Advance Project)
- Supporting people living with dementia (Equip Aged Care Learning)
- <u>Victorian Aged Care Education and Training</u> (La Trobe University)

