

# Resources for families

Aged care can help the older person and their families by providing them with access to trustworthy information that can help them to recognise care and support needs, understand what to expect, and know what needs to be done as a person comes to the end of their life.



**You can suggest the following online resources to the older person and their families**

The [Older Australia section](#) in CareSearch provides older people and their families with information and links to resources that help them navigate changes associated with ageing, the need for aged care and the realities of decline and dying as an older person.

The [Patients and Carers section](#) brings together information and resources around palliative care, managing symptoms and practical care issues, being a carer, and coping with grief and loss. There are state and national resources included.

[CarerHelp](#) focuses specifically on supporting carers who are caring for someone living with a life limiting illness.



**You can download and share factsheets on critical topics around palliative care, advance care planning and services**

[What is palliative care?](#)

[Understanding Advance Care planning](#)



**You can also order key palliAGED resources and provide printed copies for families needing information**

[For families: Where to find information](#)

[Grief and Loss for Families \(booklet\)](#)