Specific Palliative Care and Aged Care Resources and Information

You may need to find more specific information that was found within the PA Toolkit which is no longer available. You can find some alternative, current resources that can support your practice.

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<th>If you are looking for information about</th>
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| Recognising and supporting the palliative care needs of residents living within residential aged care facilities. | **palliAGED website**  
  • Practice Centre > Improving Practice > Needs Assessment  

**CareSearch website:**  
• For Managers – Education > Educator and Manager Supports

**ELDAC website:**  
• Information and Services > Recognise End of Life  
• RAC Toolkit > Video Module 1 Recognise End of Life  
• Information and Services > Respond to Deterioration  
• RAC Toolkit > Organisational Support |
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| Information describing the approach to providing caring, safe, and efficient palliative care in aged care | **palliAGED website**  
• Home Page  
For GPs:  
• Practice Centre > For GPs > A Palliative Approach  
**CareSearch website:**  
• Clinical Evidence > Patient Management > Recognising Last Year of Life  
**ELDAC website:**  
• RAC Toolkit  
• RAC Toolkit > Organisational Support  
• RAC Toolkit Educational Videos  
• Information and Services > Provide Palliative Care |
| Working together to provide palliative care for a resident in aged care | **palliAGED website**  
For GPs  
• Practice Centre > For GPs > Recognising change  
• Practice Centre > For GPs > Providing Care  
• palliAGEDgp App  
For nurses  
• palliAGEDnurse App  
**CareSearch website:**  
For GPs  
• Health Professionals > GPs > Planning Care > Sharing Care  
**ELDAC website:**  
• Video Module 2 Assess Palliative Care Needs  
• Video Module 3: Work Together  
• Information and Services > Work Together |
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| Managing symptoms with pharmaceuticals/medications | **palliAGED website**  
  - Practice Centre > Symptoms and Medicines  
  - Practice Centre > Symptoms and Medicines > Switching between Formulations  
  - Practice Centre > Symptoms and Medicines > Subcutaneous Medicine Administration  
  - Practice Centre > Symptoms and Medicines > Off Label Prescribing  
  - Practice Centre > Improving Practice > Terminal Care  
  - palliAGEDgp App  
  - palliAGEDnurse App  

**CareSearch website:**  
For nurses  
- Health Professionals > Nurses > Clinical > Medication Management  

For GPs  
- Health Professionals > For GPs > Symptoms  
- GP Hub > Planning Care > Residential Aged Care  
- Health Professionals > For GPs > Practice management > Prescribing  
- Health Professionals > For GPs > Clinical Decisions > Managing Opioids  
- Health Professionals > For GPs > Clinical Decisions > Syringe Drivers  

**ELDAC website:**  
- RAC Toolkit > Clinical Care  
- RAC Toolkit > Clinical Action > Manage Dying  

**caring@home website:**  
- palliMEDs App
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| Using palliative care medications within residential aged care | **palliAGED website**  
• Practice Centre > Improving Practice > Terminal Care  
• Practice Centre > Improving Practice > Withdrawing Treatment and Deprescribing  
• palliAGEDgp App  
• palliAGEDnurse App  

**CareSearch website:**  
• GP Hub > Planning Care > Residential Aged Care  
• Health Professionals > For GPs > Practice management > Prescribing  
• Health Professionals > For GPs > Clinical Decisions > Managing Opioids  
• Health Professionals > For GPs > Clinical Decisions > Syringe Drivers  

**ELDAC website:**  
• RAC Toolkit > Clinical Action > Manage Dying  
• Information and Services > Manage Dying  

**caring@home website:**  
• palliMEDs App |
| Understanding the dying process and what to expect when someone is dying | **palliAGED website**  
• Practice Centre > Improving Practice - Terminal Care  

**CareSearch website:**  
• Patients and Carers > At the End > Changes at the Time of Death  

**ELDAC website:**  
• Information and Services > Manage Dying  
• Video Module 4: Manage Dying  

**Palliative Care Australia website:**  
• The Dying Process |
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| Considering importance of culture in managing end of life care for residents from diverse backgrounds in aged care | **palliAGED website**  
  - Australian Context > Specific Needs > Culturally and Linguistically Diverse (CALD) communities  
  - Australian Context > Specific Needs > Aboriginal and Torres Strait Islander Peoples  

**CareSearch website:**  
For nurses  
- Health Professionals > Nurses > Areas of Practice > Multicultural  
- Health Professionals > Nurses > Areas of Practice > Multicultural Areas of Practice  
- Health Professionals > Aboriginal and Torres Strait Islander People Care

**ELDAC website:**  
- Information and Services > Diverse Population Groups

**Palliative Care Australia website:**  
For GPs  
- Multicultural Palliative Care Guidelines (589kb pdf)

**Palliative Care Victoria website:**  
- For Families & Patients > Community Languages

**Leading Aged Services Australia website:**  
- Palliative Care Resources > Making Choices for Life – Palliative Care Resources for Home Care workers
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| Managing bereavement in carers, families, and friends of residents who have died | **palliAGED website**<br>• Practice Centre > Improving Practice - Bereavement<br>• For GPs: Practice Centre > For GPs > Bereavement  
**CareSearch website:**<br>• Patients and Carers > Bereavement, Grief, and Loss  
**ELDAC website:**<br>• RAC Toolkit > Clinical Care > Bereavement<br>• Information and Services > Bereavement  
**Palliative Care Australia website:**<br>• Resources > Understanding grief  
**Australian Centre for Grief and Bereavement website**                                                                 |
| Undertaking assessments of quality to improve care outcomes for people dying within aged care | **palliAGED website**<br>• Practice Centre > Practice Roles > Managers  
**CareSearch website:**<br>• Health Professionals > Nurses > Policy, Quality, Standards > Quality<br>• Finding Evidence > Grey Literature - Quality Improvement<br>• Clinical Evidence Audits - Clinical Evidence > Service Delivery Evidence - Audit  
**ELDAC website:**<br>• RAC Toolkit > Organisational Support - Quality Improvement<br>• Video Module 5 Organisational Support                                                                 |
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| How to assist staff to acknowledge the importance of caring for themselves | **palliAGED website**  
- Practice Centre > Improving Practice > Self-Care and Staff Support > Self-Care Supporting Staff Working in Palliative Care  
- Evidence Centre > Evidence Summaries > Self-Care and Staff Support  

**CareSearch website:**  
- For GPs  
  - Health Professionals > GPs > Professional practice - Self-Care  
- For nurses  
  - Health Professionals > Nurses > Clinical > Self-Care  

**Leading Aged Services Australia website:**  
- Palliative Care Resources - Making Choices for Life – Palliative Care Resources for Home Care workers |
| Education opportunities within residential aged care, palliative care, or home care | **palliAGED website**  
- Practice Centre > Training and Education  
- Practice Centre > Practice Roles - Careworker  

**CareSearch website:**  
- For Health Professionals  
  - Education > Health Professional Options  
- For Careworkers  
  - Education > Careworkers, Carers, and Volunteers > Careworker Learning  
- For Managers  
  - Education > Educator and Manager Supports  

**ELDAC website:**  
- RAC Education and Learning |
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| Standards of care within aged care                                           | **palliAGED website**  
• Australian Context > Specific Needs  

**CareSearch website:**  
• Health Professionals > Nurses > Policy, Quality, Standards  

**ELDAC website:**  
• Information and Services > Aged Care Quality Standards  

**Palliative Care Australia website:**  
• National Palliative Care Standards |