

Palliative Care Advice Service

1800 360 000

7am – 10pm, seven days a week

www.pcas.org.au

advice@mh.org.au

The Palliative Care Advice Service is where you can speak with a specialist palliative care nurse or doctor about any aspect of a life-limiting illness.

The service is for everyone, everywhere in Victoria.

It is for people living with any life-limiting condition and the people who support them. It's for family, friends or neighbours. It's also for doctors, nurses and other healthcare workers and providers.

We can help with questions like:

- How could palliative care help the person I support?
- Where can I find information about being a carer?
- How do I find the right palliative care service?
- What can I do to relieve my pain? My nausea? My breathlessness?
- What do I need to think about and plan for?
- How do I talk with my healthcare provider about palliative care?

Translating and Interpreting

Call 131 450 and ask for 1800 360 000.

Deaf, hearing or speech impaired?

Please contact the National Relay Service on 13 36 77, then ask for 1800 360 000.

We can help healthcare providers with issues like:

- Symptom management
- Prescribing
- Locating the correct palliative care service
- Converting medications from oral to injectable
- Continuous subcutaneous infusion (syringe drivers)
- Decision-making and advance care planning.

What is the service unable to do?

We are unable to provide prescriptions, referrals or replace the care of local healthcare providers.