

## palliAGED: supporting nurses to care for older people

[palliAGED](#) is an online resource providing access to evidence, tools, guidance and practice resources about end of life and palliative care for older people.

Produced by [CareSearch](#), [Flinders University](#) it is free to use and available online at [www.palliaged.com.au](http://www.palliaged.com.au).

### How palliAGED helps nurses

Through its evidence-based palliative care information and resources, palliAGED supports nurses provide palliative care and end-of-life care to patients and their families.

palliAGED has both an Practice Centre and a corresponding Evidence Centre with resources aimed at bringing evidence into everyday practice. Improve your understanding and access practical tools, tips and resources relevant to the care of older people with palliative care needs.

### palliAGED Content and Resources for Nurses

#### [Practice Centre](#)

Practical guidance on what you can do across 35 separate topics relevant to the care of people with palliative care needs. Each page links to a companion Evidence page in the Evidence Centre.

#### [Evidence Centre](#)

A concise synopsis of best evidence in a palliative care/aged care context. Each page has a companion page with practical information found in the Evidence in Practice Centre.

#### [Symptoms and medicines](#)

A single gateway to information on the eight most commonly encountered terminal phase symptoms, and information on prescribing and management of medications in palliative care.

#### [palliAGEDnurse App](#)

A free smartphone app to support clinical processes of advance care plan, case conference, and terminal care management plan. The companion [palliAGEDgp App](#) supports prescribing in the terminal phase. Both Apps are available in [desktop version](#).

#### **Coming soon:**

palliAGED Practice Tips for Nurses in Aged Care

A suite of resources developed to support nurses providing palliative care to older people. Key care issues are presented in a concise format, with companion sheets available for training and support of careworkers.

[www.palliaged.com.au](http://www.palliaged.com.au)

